



“Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.”

**JAMES 1:27**

*Week 3:*

# FINDING YOUR HEART IN GOD'S ADVENTURE

## **THE WORD:**

If anyone, then, knows the good they ought to do and doesn't do it, it is sin for them. James 4:17

## **READ THIS ALOUD:**

When you really start to become aware of the incredible brokenness, pain and suffering that come from the effects of sin in the world, it can be overwhelming at times. So, how do you find your heart in God's mission? A great starting point is to discover your holy discontent by asking yourself, "What is it that breaks my heart that also breaks the heart of God?" What is it that causes you to draw a line in the sand and say to yourself, "I just can't sit by and continue to do nothing; I must act?" Engaging in this area will align your heart with God's heart and spur you on to take action in order to be the change you want to see.

## **VIDEO:**

Before watching the video, your life group leader will pass out Choose Your Own Adventure cards and envelopes. Hold onto these until after the video. Watch Finding Your Heart in God's Adventure.

# **CHOOSE YOUR OWN ADVENTURE**

Pick one of the three options and spend the next 3-5 minutes writing your answer on the front side only of the card given to you by your Life Group Leader. When you are finished, write your name on the back of the card and place it in your envelope. Your Life Group Leader will collect this once everyone is done.

### **Q & A:**

Have you ever helped or advocated for someone in need emotionally, spiritually or physically? Describe what this experience was like for you.

### **Picture Pages:**

Select a picture that makes you think of an injustice – something that breaks your heart and breaks the heart of God – and explain how it motivates you to action. (See pictures on pages 28-29.)

### **Mad Lib:**

When I think of something that breaks God's heart, and breaks mine too, I immediately think of...

I think the reason this issue comes to mind so quickly for me is ...

I would like to make a difference by ...

## **LIFE GROUP QUESTIONS / CONVERSATION GUIDE:**

1. Discuss what resonated with you from Erica's story?
2. As you think of the many areas of brokenness, pain and suffering in the world, which issues speak to your heart the most and why?
3. Can you think of someone who has made a significant impact for God? What is it about their life, passion or purpose that you admire the most?
4. Have you ever had a time in your life in which you felt cast aside, marginalized or mistreated? What was this like for you and how did you navigate it?
5. A Holy Discontent is the thing that breaks your heart that also breaks the heart of God. What's the danger of not doing anything with your Holy Discontent?
6. Have you ever helped or advocated for someone in need emotionally, spiritually or physically? What emotions did this create in you?
7. If you don't know what your Holy Discontent is, how do you figure out what it is?
8. Once you figure out what your Holy Discontent is, what do you do with it?

## **GROWING DEEPER:**

This week in the Growth Plan, we begin the practice of listening for God to speak to us, especially as it pertains to finding our heart for God's adventure. What are some ways that God has spoken to you in the past? Are you willing to do what it takes to make space to hear God speaking about the adventure He has for you?

## **LIFE ON ADVENTURE:**

Spend time this week reading, memorizing and praying through Micah 6:8. Ask God to help you understand what it looks like for you to act justly, to love mercifulness and to walk humbly with Him.

**Once you've identified your Holy Discontent, take your adventure to the next level by sending a note of encouragement to a person or organization that is making a difference in the lives of others.** For example, it may be that your Holy Discontent is kids in need. If so, you could send your card to an adoption agency, foster parents or after-school community organization. Whatever your Holy Discontent is, send a postcard of encouragement to someone that's already living out Micah 6:8.

