



SERMON DISCUSSION GUIDE

Mind Your Business – Week 4

February 24th and 25th, 2024

Speaker: CJ Johnson

Opening Question

- Welcome! CJ started this message by talking about his brother's name as a graffiti artist, SKETCH. What would your graffiti name be if you had one? Be silly, be creative.

Open Your Group with Prayer

- Ask someone to open your group time in prayer and bless your discussion together.

Scripture Passages

- Groups will begin the discussion by reading some of the message's key scriptures aloud. Please assign the following to read: Exodus 20:2-3; Exodus 20:8-10; Matthew 11:28-30

Questions from the Message

- If there is anything in your life that causes you to gravitate towards it over God, that is an idol. If you settle for lesser gods and idols, you are reverting to your life before Christ. How can we be sure we are not placing anything above God? What types of accountabilities, boundaries, or margins do you have to avoid this?
- The original sin wasn't that original. Adam and Eve wanted to live as something they were not and started living beyond their limits. You must have margin, the space between your load and your limits. How much margin do you have? Too much, not enough? What needs to change to ensure you are in a suitable space?
- Jesus lived with the ultimate margin. There is a different rhythm to life that He shows us. If you live a life with no margin, you cannot respond to the life around you. A hurried life is not the byproduct of a busy schedule but a disordered heart. How does creating space and margin allow us to live that different rhythm Jesus models?
- Many of us are overlooking the need to rest. One of the most spiritual things that you can do is to rest. He invites us to find rest in Him. Are you finding enough time to rest? Are you pushing yourself too hard?
- Your life moves to a better place when you move at a sustainable pace. What does that look like? Be specific.
- We don't make adjustments when we see the light; we often wait until we feel the heat. Read the next section.

Challenge and Application

- What is God challenging you to do in response to this discussion? Get practical. What will you do this week?

Close Your Group with Prayer

- Pray together for your application and response points in your discussion as a group. Share any praises, joys, or areas of concern. How can this group be praying for you and your family this week? *(Please ask someone to distribute these via GroupMe, text, or email so you can pray for one another throughout the week.)*