

PARENT/STUDENT SPIRITUAL CHECKUP GUIDE

8th Grade Conversation

OBJECTIVE

Take time to meet with your student and walk them through a spiritual checkup.

THE 411

I'm sure that your mailbox gets filled up weekly with reminders to: "Have your furnace tuned up;" "Make sure you take advantage of our cheap oil change and engine checkup;" "Your teeth may be rotting in your mouth, come back to the dentist for your yearly checkup;" or, "Let us help give your lawn the yearly maintenance it needs." The goal of these reminders is to help you see the need to keep your health, home and car in order so that you don't let the small problems become big problems. By taking the time to check up now, you are saving yourself on the big money issues down the road. The same can be true with having a spiritual checkup for your student. Take time to make sure they are growing in their relationship with Christ and help them work through their doubts and questions on a yearly basis. Taking the short time to have a conversation now may just help you avoid that crisis moment in the future.

SUGGESTION

Make a special day for your student to have your yearly spiritual checkup. Take them to their favorite places or let them pick the day you will spend together. After you have spent some time having fun, use the discussion questions below to guide your conversation. Make sure you take notes on your student's answers because you will want to refer to them next year when you have your next checkup.

DISCUSSION

- What do you think has been the best thing we have done as a family this year?
- Who are your best friends right now? Why?
- What has been the high point for you spiritually this year?
- What has been the low point for you spiritually this year?
- What are you currently praying about?
- What have you been reading in your Bible?
- What is your favorite memory verse right now?
- In what ways have you been serving the Lord this year?
- What do you believe God has taught you this past year?
- What questions are you currently asking or struggling with?
- What can I be doing to encourage you in your walk with Christ?
- What can I do to help strengthen our relationship?

PRAY

Ask for the Holy Spirit to lead your student through this next year. Ask God to give them the faith to wrestle with their tough questions, but to always trust that He is in control. Ask God to reveal Himself to your student in this next year.